

Welcome to the pages for employees!



MVV & I is more than the structure of our Intranet presence. With MVV & I we bundle our activities in informative service categories. In this way you will find exactly what you need in our wide range of services even faster in the future.

If you want to know the keywords of the nine core subjects of the “MVV & I” Intranet site listed below, just have look at the [PDF](#).

Your health is a precious good to you – and we see it the same way. But being healthy is not a matter of course. Preventative health care and care for body and mind are becoming increasingly important – especially in view of the challenges we have to face in the modern working environment. As an employer we are responsible for our employees and we want to help you stay healthy and feel good.

How can we support you?

- In your personal health care: With the components of the 5-star health care programme:
[Exercise](#)
[Medical care](#)
[Inner balance](#)
[Healthy diet](#)
[Dealing with people](#)
- In case of urgent work-related problems:
With the offers of the [corporate reinsertion management](#)
- In the assessment of your own well-being:
With the [5-star wellness barometer](#)

Our vision:

Even in view of demographic change and the changes in the health care system, MVV Energie has healthy, committed and motivated employees. Employees feel well at their workplace. Due to the promotion of their health in the context of a holistic and integrated health management system we jointly make an important contribution to the continued success of our company and to increased quality of life.

We underline our commitment by our entry into the **"Luxembourg Declaration on Workplace Health Promotion of the European Union"**.

In 2009, our 5-star health promotion programme was awarded the **Seal of Excellence** of the Corporate Health Award. It shows that our corporate health management belongs to Germany's best. It is integrated into our corporate processes both structurally and strategically.

Downloads

- [Our current course programme](#)
- [Registration form](#)

The way we live and work-life balance keep changing. For more and more people, finding a way to balance these two areas is an important issue:

High commitment in a demanding job should not be inconsistent with a satisfying family life. We as a responsible employer take this demand into account.

Here's our definition of "family":

"Family takes place where people share their lives in close personal relationships and assume responsibility for each other. It is not limited to kinship or partnerships legitimated by the laws."

How can support you?

- [...in parenthood](#)
- [...when you care for members of your family](#)
- [...in the challenges around your house and garden](#)

By our taking part in the **audit berufundfamilie®** [job and family audit], we want to evolve our commitment to work-life balance and take further steps towards a family-oriented company culture.

For further information [click here](#)

Even beyond the corporate boundaries MVV Energie is committed to this issue, e.g. in the Rhine-Neckar Metropolitan Area. We are part of a movie made on the occasion of the 10th anniversary of the Job Initiative.